
CAREGIVERS SUPPORT GROUP

Sponsored by a grant from the Nebraska Respite Network, this is a new aspect of the ERMAA programs. The support group is designed to assist spouses or adult children of elders who have extensive care needs. Meeting the needs of the care-givers is the goal. Meetings are held the third Thursday of each month at The Steakhouse in Scribner. Meetings start at 6:00 p.m. A meal is subsidized by the organization. ERMAA volunteers are available if caregivers need a companion for their family member so they can attend.

ERMAA Mission

ERMAA is a program of the Nebraska Synod Evangelical Lutheran Church of America (ELCA) created to encourage smaller, rural communities to unite in order to enhance their ministries which focus on holistic, healthy aging.

ERMAA Contacts

To request ERMAA services, call the parish representative or parish office listed below.

St. Lawrence:	654-3449
Joyce	664-3411
St. Paul (Uehling):	567-2366
Dave/Donna	567-2232
St. Paul (Hooper):	664-3134
Helen	664-3344
United Lutheran:	664-3131
Donnetta	664-3165
Valetta	664-2272
St. John's Ridgeley:	664-3131
Ed	664-3482
St. John CCL:	664-3392
Lorna	664-3389
Kathy	664-3392
Redeemer Lutheran:	654-3835
Donna	654-2350
Ruth	654-2141
Faith Methodist:	654-2542
Betty	654-3818
Lynn	654-2534
St Rose of Lima:	654-3449
Mary	654-2545
St Peter Lutheran	664-3462
Carol	664-3128
Unit. Church of Christ:	664-3168
Roxanne	664-3687
Elim Lutheran	
(Swaberg)	567-2573



This flyer contains information on the Scribner-Hooper ERMAA Association.

Participating churches include St. St. John's Ridgeley, John's CCL, St. Lawrence Catholic, St. Peter's Lutheran, United Church of Christ and United Lutheran all of Scribner. Hooper churches include Faith Methodist, Redeemer Lutheran, St. Paul's, and St. Rose of Lima Catholic. Elim Lutheran Church of Swaburg and St. Paul's of Uehling are also members. Both the Scribner Good Samaritan Center and Hooper Care Center are charter supporters.



MEALS ON WHEELS PROGRAM

In Scribner, tasty and nutritious meals are prepared by the Good Samaritan Center at cost and ERMAA volunteers deliver them within the city limits Monday through Friday, holidays excluded. The cost is \$5.25 per meal and accounts can be set up by calling the Center at 664-2527. Noon meals are available in Hooper on Mondays and Fridays when the Senior Center is not open. Hooper Care Center provides and delivers the meals within the city limits. This program is affiliated with the Eastern Nebraska Office on Aging and income eligibility guidelines must be met. The meal cost is \$5.00. Arrangements can be made for these by calling the Center at 654-3362.

FAITH FOOD PANTRY

ERMAA churches and community organizations sponsor a food pantry the second Saturday of the month at the city Auditorium in Snyder. Registration begins at 8am. Food distribution runs from 9 to 10:30 or when the food is gone. The pantry follows eligibility guidelines for receiving government commodities so households participating in Food Stamps, ADC, Aid to the Aged,

Low Income Blind and Disabled Assistance, Refugee Resettlement or State Disability qualify. The pantry also accepts physician and pastoral referrals. Recipients are to obtain their groceries in person. If you are interested in volunteering to unload or dispense groceries, please call 664-2272. If you or your organization are interested in donating to defray the cost of this program, notify an ERMAA representative listed on this brochure

SENIOR SERVICES DIRECTORY

ERMAA has collected a list of community volunteers willing to assist aging adults with needed services. Contact the participating church's pastor or ERMAA representative to schedule assistance.

Transportation: The client must be able to ambulate to the vehicle independently and consent to wear a seatbelt. In town rides are free. Donations are suggested to the driver for out of town trips such as \$5 to Fremont or West Point, \$25 to Omaha or Lincoln to help defray the cost of gas. Clients travel at their OWN liability and should make their request 48 hours prior to their appointment.

Handyman & Housekeeper services:

Light housework and "odd jobs" can be accommodated. Volunteers are not bond-

ed. Any supplies needed are at the senior's expense and every effort is made to purchase these supplies locally. Dependant upon the type of work and its frequency, a donation to the volunteer may be appropriate. Both Hooper & Scribner Foundations have donated funds to assist seniors who may not be able to fund services. Application for assistance is to be made at the time of the work request through the ERMAA representative.

Companionship: This entails purely companionship such as playing cards, writing letters or reading together. No nursing care or lifting is allowed. Again, depending on the duration and frequency of the visit, a donation to the volunteer may be appropriate.

HOOPER WALKING PROGRAM

Every Monday, Wednesday and Friday from 9 to 10:30a.m., ERMAA volunteers open the Hooper Auditorium for walking. The goal of the program is to increase mobility & endurance along with the benefits of social interaction.. Volunteers are there to offer assistance if needed. Leah Wells, P.A. from the Hooper Mercy Medical Clinic is available for referrals, as is Linda Parker from the Hooper Care Center for physical therapy needs.